



## News & Notes

**O**ur Flower Communion will be a part of the service on April 17. Please remember to bring your flowers on this day—a single flower or bouquet, blooms or greens, purchased or from your garden.

**T**he UU Women’s Group will meet on Monday, April 18 at 7:00 p.m. at **Pancho Villa Mexican Restaurant** at 10500 Spotsylvania Ave., near the Lee’s Hill Shopping Center off of Rt. 1 South. Join this great group of women for a relaxing evening of casual conversation. Newcomers are always welcome to just drop in...no reservations necessary. Check out “[UUFF Women’s Group](#)” on Facebook.

**D**on’t forget to do your **Amazon shopping** by visiting [www.uuffva.org](http://www.uuffva.org) first, and clicking on the Amazon logo there. Dollars to the UUFF from this fundraising program have really been adding up!

## New Fellowship Chalice



A huge thank you to Lee Rodrigue, who handcrafted a beautiful new chalice as a gift to the Fellowship. Lee has helped create many unique metalwork projects for his family’s business, Virginia Architectural Metals, and we’re delighted that he has shared his artistry with us. The chalice was presented on Sunday, March 6, and has been a wonderful enhancement to our Sunday services.



## Website Calendar Gets a Facelift

There’s a new calendar feature on our website at [www.uuffva.org](http://www.uuffva.org). On the right side of each page, you’ll see a prominent calendar icon. Click on this to see our new calendar of events, which will display in calendar format all of our services, meetings, and events for the current month, as well as months past and future. This should help make scheduling events easier than ever, and prevent conflicts over dates and use of the Fellowship space. If you click on individual calendar entries, you’ll see additional information about the activity.

If you are scheduling an event, don’t forget to contact office administrator Kira Bush so she can add it to the new calendar. And thanks to Kira for this helpful, user-friendly innovation to our website.

## Vegetarian Group

### Backyard Homesteading

Did you know that you don’t need land to homestead? Homesteading is making a comeback. As the economy continues to struggle and small, family farmers lose out to corporate and factory farms, more and more people are learning about modern day homesteading. Whether you call it modern homesteading, urban homesteading, or hobby farming, it means living as self-sufficiently as possible. Even if you live in a condo but grow food on your balcony, make your own yogurt, or sew your own clothes, you are homesteading!

As spring joins us (finally!), we celebrate the growth of all things, including

our ever-expanding Vegetarian Group! Join us on Saturday, April 2, from 11:30-1:00, for a talk on backyard homesteading, presented by our own Unita Walburn, a real-life modern homesteader. Unita will discuss how we can adapt the principles of homesteading to our daily lives, with an emphasis on growing natural, organic food. She will also cover how to grow food (for yourselves and your local wildlife!), even under home ownership association (HOA) contracts, food preservation, and creative ways to purchase and store bulk foods.

A usual, we will begin with what has been called “the best meal in town,” our vegetarian potluck! Please bring a vegetarian or vegan dish to share (or small donation). Donations will be given to the UUFF Building Fund. Silverware, plates, cups, and cloth napkins

are provided. Gluten-free or raw dishes are also welcome. We always have extra to share! All are welcome – you do not need to be a vegetarian to enjoy the good food and fellowship. We also offer support, a lending library of books and videos, recipes and ideas! Questions? Contact Gloria Lloyd, [xxxxxxxx@msn.com](mailto:xxxxxxxx@msn.com), or Christine Carlson, xxx-xxxx.

–Christine Carlson





*Oh, give us pleasure in the  
flowers today;*

*And give us not to think so far away  
As the uncertain harvest; keep us here  
All simply in the springing  
of the year.*

—Robert Frost

All nature can astound with the juxtaposition of the fragility of life and, at the same time, the toughness of life. Look at the lotus. It grows out of the muck and slime on the bottom of a pond, through the still, murky water to the surface where blossoms one of the most beautiful creations of nature – a flower that is used so often in some faiths.

And look, too, at the crocus – you've just seen some, if you were quick enough. (Many are now gone as of this writing.) But if you saw some, you may well have seen them poking through snow and ice – a delicate blossom defying the ice and snow that slowed us down and even stopped our work on many days.

A few weeks ago I mentioned Picasso's famous painting "Guernica" and the use of the flower as a symbol of hope in the midst of the slaughter and chaos of the rest of the work. The little flower sometimes missed by people viewing it.

The flower. What an appropriate choice for Norbert Capek to choose in the creation of a communion service for Unitarians. Capek, a Baptist minister who became Unitarian and founded the Czechoslovakian Unitarian Church and responded to the desire for a service for

Unitarians (later Unitarian Universalists) that would be their own.

Rev. Capek died in a concentration camp in 1942, a victim of the notorious experiments of medical quackery performed there. After the war the service was brought to the United States and adopted by UU churches throughout the country.

On April 17, UUFF will celebrate our Flower Communion as we have in previous years. Please join us. Bring a flower(s) or cutting from your yard – especially one that has meaning for you. Come and share it as someone will share with you.

Passing beauty to one another – a very special communion.

In peace,  
Walter

# reflections

Bill Brooks, President

## Smelling the Roses

A fellow runner once told me this story about a marathon he had run. He was running a nice steady pace, but as the race progressed, he noticed another runner with whom he was playing leap frog. His curiosity growing, as the runner passed him again, he asked him about his erratic pace. "Well," replied the other runner, "sometimes you just have to stop and smell the roses."

Taking the time to pause and be present with life does not come easy. Our culture is rather goal-oriented. We are taught from an early age that we need to be productive members of society; that we must always be doing something. If we are not working towards some goal, clearly there must be something wrong.

Unlike the runner in the story, I tend to race when I enter a race. However, sometimes I will just sit on my back steps enjoying the moments as they unfold. There is the vibrant blue of the sky to be seen and the myriad of colors in the garden. There is the warmth of the sun to be felt, the call of the hawks to be heard.

There is the sweetness of the moist earth to smell and the fragrant aroma of the rosemary.

I don't have to do anything in those moments; simply being fully present allows each moment to resound with richness. Believe it or not, I can actually survive beautifully by doing nothing.

The busyness of our Fellowship is easy to get caught up in. Our ministry is important and there is much to be done to ensure its effectiveness. There are meetings to go to, events to plan, and responsibilities to attend to. In all this busy doing, it is easy to miss the roses. Sometimes, we need to just do nothing.

It really is enough to just enjoy who and what we are as a Fellowship. To relish the moments that we share: the smile of a friend, the spoken joy or concern, the laughter of a child, the heartfelt hug. These moments that we have together are their own reward. Cherish them. Be fully present for them and for each other. Stop and smell the roses.

Sitting on the back steps,  
bill

## New Building Update



"Are we there yet?" "Just around the corner." This is the standard answer whenever my family is hiking, or on a road trip or flight. We are almost there, it seems, until we ARE there. Same can be said for getting our site plan approval. We are "almost there" until, very soon, we will be there.

As an update, we received the county comments on March 17 on our easements and plat. Our lawyers are ready to resubmit, as the comments were minor. Our engineer is making the needed changes, and we should have a coordinated resubmission the week of March 20.

Be sure to check our blog for the latest updates: <http://uuffnewbuilding.blogspot.com>.

I can feel it – construction is "just around the corner."

—Suzanne Logan,  
UUFF BoT Construction Liaison



# RE World

JANET WATKINS, Director of Religious Education

As we head toward Easter, our RE students are continuing their lessons on Jesus. They're discussing what the Bible says about his teachings on things like wealth, outcasts, prayer and judgment. As always, they're doing it from our UU perspective, asking lots of questions and considering how Jesus' teachings relate (or don't) to our UU principles.

Our younger students, as you might literally have heard, are spending a fair amount of time singing – about peace, letting their lights shine and being kind in all they do. Our older students, meanwhile, are making lots of fun connections between the Bible and pop culture!

On a practical level, we need some help – specifically, in our nursery. Many

wonderful, dedicated volunteers have spent weeks in the nursery this year, and we now need some new people to step forward and help during the 10:00 a.m. service. Otherwise, the nursery may not be available every Sunday. If you can help, please contact RE director Janet Watkins at xxxxxxxx@yahoo.com. If you're the parent of a child who uses the nursery, please be aware that you may be asked to stay back and help if no new volunteers step forward.

Many thanks to the teachers, assistants, students, parents and RE committee members who give their energy and creativity to our program!

–Janet Watkins

## Sunday Discussion Group

The Sunday Discussion Group meets after services on most first, third, and fifth Sundays from 1:00-2:00 p.m. in the Fellowship kitchen. If you are not on the regular discussion group email distribution and wish to be informed of the meetings, please email xxx@infionline.net. All are welcome to participate or just sit in on discussions of interest. The topics scheduled for the near future are:

- Apr. 3:** *Will net neutrality rules stifle innovation on the internet?*
- Apr. 17:** *Should increasing the percentage of college graduates continue to be public policy?*
- May 1:** *Are our civil liberties being excessively curbed in the name of counter-terrorism?*
- May 15:** *Is the Miranda ruling sound law?*
- May 29:** *Is the enemy of my enemy my friend?*

–Stew Engel

## COMMUNITY ACTION CORNER

Here are some contacts that might be of interest if you are looking to donate or volunteer.

**Charity Vault** has a wealth of information on giving and volunteering locally and internationally.

<http://www.charity-charities.org>

For Fredericksburg:

<http://www.charity-charities.org/Virginia-charities/Fredericksburg.html>

Also, **VolunteerMatch**:

<http://www.volunteermatch.org>

“VolunteerMatch strengthens communities by making it easier for good people and good causes to connect. The organization offers a variety of online services to support a community of nonprofit (<http://www.volunteermatch.org/nonprofits>), volunteer (<http://www.volunteermatch.org/volunteers/>), and business leaders (<http://www.volunteermatch.org/corporations/>) committed to civic engagement...”

–Curt Swinburne



Please welcome our newest members, **Susan Hadley** and **Lee Rodrigue**, who just completed the Spring UU101 class. Susan and Lee, we're so glad to have you with us!

Come out for an evening of musical theater, and support **Rebecca Klopp**, **Madeline Lovegrove**, and **Analisa Wall**, who will all be in the musical *Seussical* at Stafford High School on April 14, 15, and 16 at 7:00 pm. Break a leg, ladies!

**Madeline Lovegrove**, who was recently accepted into the theater program at VCU, has been awarded the school's Provost Scholarship. The award recognizes outstanding scholastic merit, extracurricular achievement, and the potential for future academic and professional success, and covers tuition and fees for the first year, renewable for three years. We're so proud of you, Madeline!

## IN OUR HEARTS

**Ron Wasem's** mother, **Helen Maxine Wasem**, 94, of Fredericksburg, passed away on Sunday, March 6. We send Ron and his family our sympathy and love.

## Enjoy Spring in the Smokies

Discover the Smokies Spring Wildflower Adventure! Tennessee Valley Unitarian Universalist Church invites you to come to Knoxville for a couple of days to enjoy spring wildflowers and festivals in and around the Smokies while you stay with our UU bed and breakfast hosts. We are ready to welcome you anytime between April 1 and May 1, 2011. Costs are \$40 single, \$70 couple per night. Everything should be in full bloom, and there are lots of opportunities (and some well-kept secret places) where you can immerse yourself in the season. For details and registration information, visit our website at [www.tvuuc.org](http://www.tvuuc.org).

# At Your Service Auction

Auction time is right around the corner! Our Eighteenth Annual *At Your Service Auction*, scheduled for **Saturday, May 14 at 6 p.m.**, gives the congregation an opportunity to bid on a variety of donated items and services. The evening includes great food and plenty of time for socializing, and our auctioneers always keep the laughs coming.

To insure the success of this major fundraiser, we need some terrific donations. Throw a party, cook a meal, plan an excursion, offer a vacation rental, watch a child, teach a craft, fix a faucet, plant a garden, paint a room. Contributions need not be costly or elaborate. If a service doesn't appeal to you, consider donating a new item for our silent auction. If you are unfamiliar with the auction, we'll have sample catalogs available at the Fellowship, so you can see the types of offerings we've had in the past.

Write a brief description of your auction item(s) on the auction forms you'll find at the Fellowship, and leave them in the auction envelope in the Fellowship hall. Online forms will be made available for easy emailing to xxxxxx78@comcast.net. They can also be snail mailed to Maryann Brown. The deadline for getting items into the auction catalog is **Sunday, May 1.**

**Auction tip:** If you're thinking of offering a party or other event for a group, decide on your date ahead of time so that bidders can mark their calendars well in advance. If you leave the date open and hope to find an agreeable date later, scheduling problems often arise that can leave bidders disappointed.

—Maryann Brown



## BOARD HIGHLIGHTS

Here are some of the key topics addressed at the most recent meeting of the Board of Trustees on March 10:

**Treasurer's Report:** Carl Little reported that February's income vs. expenses were slightly positive, and we're \$9,000 ahead for the year.

**Minister's Report:** Rev. Braman met with the Membership Committee to prepare for the UU101 class, with the Stewardship Committee to plan for Pledge Sunday, and attended a ministers' meeting in Charlottesville. He noted that the agenda for the TJ District Annual Meeting is now available, and the name change issue is on it.

**Council of Committees Report:** Cathy McNichols will lead the DRE search committee. Josh Pepper agreed to co-chair the RE Committee next year, and another chair is being sought.

**New Building Loan:** Carl Little is working on the final papers, some of which require county approval of the site plan, which

we are waiting for. He is also setting up builders' insurance coverage.

**Stewardship Update:** As of this meeting, we are at almost 68% of our goal. Pledges per person are up 6% over last year.

**Announcement Policy:** The board continued discussion of the policy, with further consideration to come next month.

**Current Building Management:** The board discussed distribution of building keys, and use of the building for events.

**UUFF Annual Meeting Date:** Scheduled for May 22 at 11:30 a.m., in lieu of the second service, with Debbie Brock presiding.

The next Board meeting will be held at the Fellowship on April 14 at 7:00 p.m. Board meetings are open to members of the congregation. The Board welcomes your input on any issues facing the Fellowship; feel free to contact any of the Board members listed on the last page of the newsletter with your ideas.

—Ken Brown, Board of Trustees

## Meditation Community OF FREDERICKSBURG

The path of the Dharma is offered each Thursday evening. Whether you are a novice or a master, feel free to join us for an evening of meditation starting at 7:00 p.m. We meet in the library at St. George's Episcopal Church (905 Prince George St.). Many practitioners in our sangha follow the Vipassana (Insight) tradition. Of course, we are open to all forms of practice. Come share yours with us!

On the even and fifth Thursdays of the month, the evening is centered on our sitting and walking meditation practices. On the first and third Thursdays of the month, our practice is one of Mindful Listening.\* On these evenings, a spiritual topic is addressed with an emphasis on opening ourselves to others through mindful, nonjudgmental listening. In April, our Mindful Listening practice will continue our series of workshops focused on breaking free of habits, following Martine Batchelor's *Let Go: A Buddhist Guide to Breaking Free of Habits*.

### APRIL SCHEDULE

**Apr. 7** Mindful Listening: Lost in Emotions/Signals of the Body

**Apr. 14** Meditation: Sitting & Walking

**Apr. 21** Meditation: Sitting & Walking

**Apr. 28** Mindful Listening: The Creative Path & The Ten Ox-herding Pictures

\*For April, our schedule varies from the usual pattern.

—Bill Brooks

## HATHA YOGA

Yoga continues to be offered as part of the Adult RE program. On Saturday mornings from 8:45 to 10:15 a.m. at the Fellowship, Bill Brooks, an accredited yoga instructor, leads a beginner-level hatha yoga class. Please join us if you are interested in learning and practicing yoga. It would be best to wear comfortable loose clothing and please bring your mat. If you have questions or concerns, please contact Bill at xxxxxxxx@comcast.net.

—Bill Brooks

# SOCIAL JUSTICE ACTIVITIES



The Social Justice Committee encourages everyone to fill out our survey (see page 6) to indicate which topic(s) you think deserve(s) the attention of the committee with work beginning in the fall. The surveys need to be turned in by April 10 so they can be tabulated and a recommendation for next year's priority project made at the Annual Meeting in May.

The project topic that receives the most support from those filling out the survey, including commitment of volunteer hours and project management, will be recommended to the full congregation for consideration. If there are two topics that are in close competition for the top spot, then we'll ask the congregation at the Annual Meeting to decide between the two.

So – here's your chance to impact the direction of the social justice aspect of the UUFF. Please fill out the survey and turn it in on or before Sunday, April 10. Additional surveys will be available at the Fellowship. There will be a box at a table in the back of the Fellowship Hall where your completed survey can be submitted, or hand it in to one of the following Social Justice Committee members: Danette Davis, Vashtye Ferguson, Karen Kallay,

Becky Reed, or myself, Alane Callander. The survey can also be mailed to the UUFF Social Justice Committee at 5044 Plank Road, Fredericksburg, VA 22407.

Be sure to read the instructions and guidelines before rating the topics. The topics for your consideration, as recommended by the Social Justice Committee, are: a) Affordable Housing; b) Immigration Reform; c) State Tax Structure; and d) Alternative Modes of Transportation. You also can mark "other" and write in your own suggested topic. The scope of work on the project will be narrowed down, as it relates to social justice, after the general topic is determined.

If you have any questions regarding the survey, please contact me at xxx-xxxx or xxxxxxxx@cox.net.

The Social Justice Committee plans to be a sponsor of the Walk for Mental Wellness on Saturday morning, May 7, 2011. The event is held at Hurkamp Park in downtown Fredericksburg. If you would like to be part of the UUFF team, which will walk and carry our banner, please sign up at a bulletin board in the kitchen at church.

May Justice Prevail,  
Alane Callander, Chair

## Close friends at church = happiness

The number of friends you have at your place of worship has more to do with how happy you are than does theology or spirituality, says Chaeyoon Lim, an assistant professor of sociology at the University of Wisconsin-Madison, who led a study, "Religion, Social Networks, and Life Satisfaction."

The study is reported in the recent book, *American Grace* by David Campbell and Robert D. Putnam. Lim and Putnam, of Harvard University, found that people who have three to five close friends in their congregation are more likely to report they are extremely satisfied with their lives than those people who attend a place of worship but don't have close friends there.

"To me, the evidence substantiates that it is not really going to church and listening to sermons or praying that makes people happier, but making church-based friends and building intimate social networks there," Lim said.

People like to feel that they belong, Lim said. "One of the important functions of religion is to give people a sense of belonging to a moral community based on religious faith," he said. "This community, however, could be abstract and remote unless one has an intimate circle of friends who share a similar identity. The friends in one's congregation thus make the religious community real and tangible, and strengthen one's sense of belonging to the community."

—From the UUA's *InterConnections* newsletter

## Living & Dying Churches



(Adapted from *Pilgrim United Church of Christ* newsletter, Port Charlotte, Florida by UU minister Rev. Sam Trumbore)

Living churches always have a parking problem; dying churches don't.

Living churches are constantly changing their methods; dying churches don't have to.

Living churches have lots of noisy kids; dying churches are quiet.

Living churches' expenses always exceed their income; dying churches take in more than they ever dream of spending.

Living churches are constantly improving and planning for the future; dying churches worship the past.

Living churches grow so fast you forget people's names; dying churches you've known everyone's names for years.

Living churches move forward and out in faith; dying churches operate totally by sight.

Living churches support community work heavily; dying churches keep it all at home.

Living churches are filled with healthy pledgers; dying churches are filled with tippers.

Living churches dream great dreams of beloved community; dying churches relive nightmares.

Living churches have the fresh wind of love blowing; dying churches are stale with bickering.

Living churches don't have *can't* in their vocabulary; dying churches have nothing but.

Living churches evangelize; dying churches fossilize.



## Bill's Smile of the Month

The indecisive rower couldn't choose either oar.

Two silk worms had a race.  
They ended up in a tie.

I'd like to go to Holland someday.  
Wooden shoe?

—from the humor archives of Bill Pinschmidt

# Social Justice Survey 2011



## Unitarian Universalist Fellowship of Fredericksburg

This is your opportunity to influence the activities of the Social Justice Committee in 2011. This survey is designed to learn where there is the most active interest from our Fellowship. For this reason, (legibly) signed surveys carry more weight. Surveys returned on or before 4/10/11 will be tallied and the results published in the May newsletter. **A vote at the Annual Meeting** will ratify the outstanding topic or offer a choice between the top two, if voting is close. *Then we can accomplish something substantive.*

Previous priority topics voted on by UUFF were Global Warming (2007 and 2008) and Health Care Access, with focus on dental care, (2010 and 2011). This year's survey offers timely topics that have been suggested by the Social Justice Committee. Please feel free to add additional topics. Much more consideration will be given to topics that individuals indicate that they will support with time and effort. Adult members in a household *who each sign* can complete this sheet, with each entering a ranking and hours of work.

### Suggested guidelines

- **Relevance.** Relates directly to a UU principle.
- **Timeliness.** Considers prevailing current public concerns that can be a window of opportunity for positive action and change.
- **Practicality.** Our actions should be able to produce identifiable change in public perceptions, policy, programs, or actions, especially locally. The actions of the Committee may range from public forums to letter writing or demonstrations.
- **Importance.** The current situation constitutes a major injustice.

Issue	Please indicate the order of importance to you: 5- most important 1 - least important	Average hours per month would help
Affordable Housing		
Immigration Reform		
State Tax Structure		
Alternative Modes of Transportation		
OTHER		

Willing to lead or coordinate? \_\_\_\_\_ Co-coordinate? \_\_\_\_\_

Any experience, contacts or other resources you could provide? \_\_\_\_\_

Additional thoughts or ideas: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_ UUFF member: \_\_\_\_\_ or UUFF friend: \_\_\_\_\_

**Due by April 10, 2011 to be assured inclusion in tally.** Please e-mail to: Social Justice Committee, xxxxxxxxxxxx@cox.net; mail to UUFF Social Justice Committee, 5044 Plank Rd., Fredericksburg, VA 22407; or drop in the special box at the Visitors' Table.



# MUSIC SURVEY: NOTEWORTHY RESULTS

As reported last month, the Music Committee has completed their survey of the Fellowship audience. During the months from Dec. 2010 through Feb. 2011, we obtained 85 responses. An analysis of the results has produced some interesting statistics. Although a full report will be available later this month, in this article, we will examine some of the most noteworthy results.

The first part of the survey dealt with two basic questions: How much does the audience enjoy various parts of the music program, and how important are those parts to the Sunday services? Tables 1 and 2 shows graphs of the results for these two questions. It is interesting to note that, although other musicians were enjoyed more frequently than youth choir, the youth choir was considered to be more important to a Sunday service.

The second part of the survey looked at how people enjoyed making and listening to music, as well as their participation in the Music Program. Here it is interesting to note that the level of participation is fairly low considering the level of enjoyment experienced. For instance, where 67 respondents indicated that they enjoyed singing, only 25 have participated in the adult chorus. This is a testament to the love of music in the audience at each performance.

Also in the second part of the survey were two questions about lyrics in songs. Although we all pay close attention to lyrics, we appear to be fairly evenly split as to whether we are bothered by "overly

religious lyrics. While many questions in the survey had one-sided responses, this question was the most evenly distributed; 45% are bothered by these lyrics, 35% are not bothered, and 20% have no opinion. (see Table 3).

Part 3 of the survey dealt with what we would like to see more in our music program. Note that this is different from the "importance" issue in that a respondent may think that a type of performance is very important, but may feel as though we don't need more of it. This is more of a "quantity" issue versus "quality." To illustrate the difference here, Table 4 shows the "want more" score beside the "importance" score.

Finally, the fourth section dealt with a ranking of the importance of each aspect of the music program. In this section, a lower score indicates greater importance. The distances between each base score (labeled "Difference") gives some indication of the strength of the responses (see Table 5).

What is notable about this is that "Hymns" and "Outside musicians" do not fall where we would expect based on Tables 1 & 2. When respondents are forced to place activities in rank order, they give hymns more importance and outside musicians much less.

—Lee Rodrigue

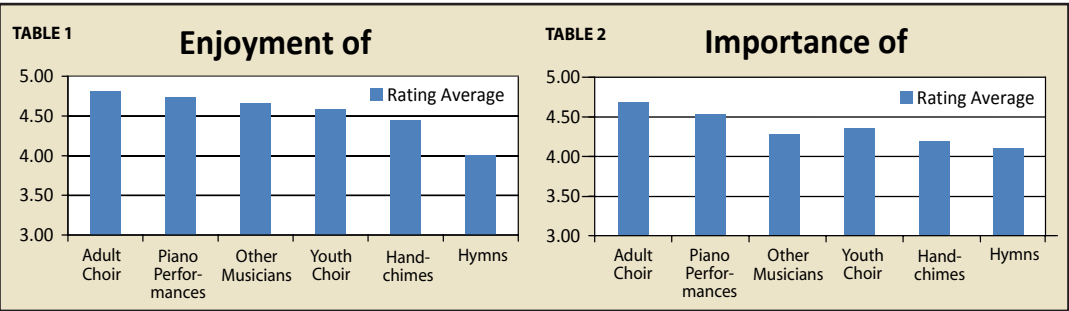
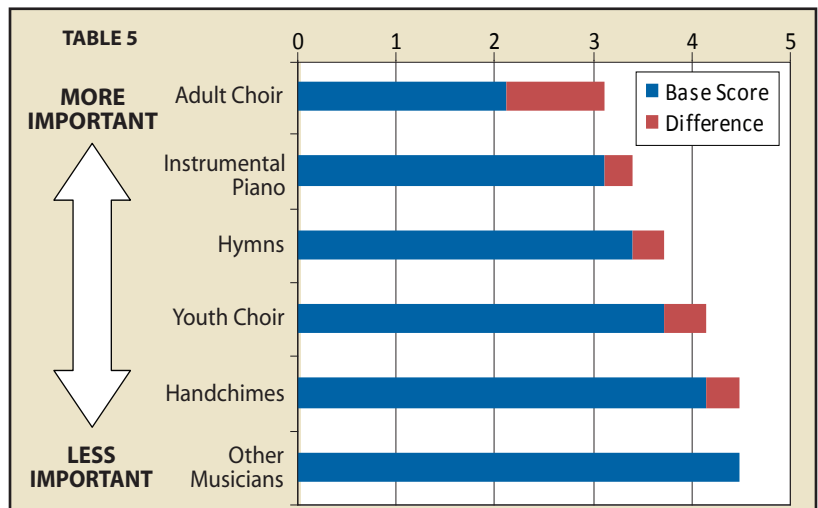
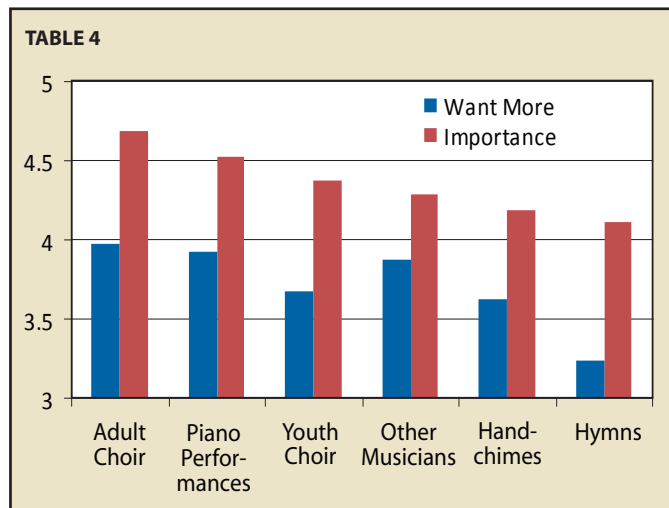



TABLE 3

Answer Options	Strongly Agree	Somewhat Agree	No Opinion	Somewhat Disagree	Strongly Disagree	Rating Average
I enjoy singing	45	22	6	8	4	4.13
I enjoy playing a musical instrument	20	17	25	9	14	3.24
I enjoy listening to live music	68	13	2	2	0	4.73
I enjoy listening to recorded music	43	24	7	9	2	4.14
The lyrics to choral performances matter to me.	47	19	15	2	2	4.26
Overly religious lyrics in choral performances bother me.	14	24	17	20	10	3.14
I have participated in the adult chorus	20	5	16	1	43	2.51
I have participated in the youth chorus	3	3	22	2	55	1.79
I have participated in handchimes	10	1	20	4	50	2.02
I have performed instrumental piano performances	5	5	20	2	53	1.91



# APRIL CALENDAR OF EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY						
<b>SAVE THE DATE</b> May 14: At Your Service Auction May 22: UUFF Annual Meeting						<b>1</b> Hatha Yoga 8:45 am Veg Group 11:30 am	<b>2</b>					
Service 10 & 11:30 am UUth Choir 12:45 pm Sun. Discussion 1 pm	<b>3</b> Mood Support Specialists 10 am <i>Marriott</i> OWL 7 pm	<b>4</b>	Men's Group 7 pm <i>Primavera</i> Adult Choir 7:15	<b>5</b>	UU Philosophy 6 pm Handchimes 7:15 pm	<b>6</b>	Council of Committees 7 pm Mindful Listening 7 pm <i>St. George's</i>	<b>7</b>	<b>8</b>	Hatha Yoga 8:45 am	<b>9</b>	
Service 10 & 11:30 am UUth Choir 12:45 pm	<b>10</b>	RE Comm. 6 pm <i>UMW Mansion</i> Community Action 7:30 <i>Hyperion</i> Sun. Svcs. 7 pm <i>CRRL 1</i> OWL 7 pm	<b>11</b>	Adult Choir 7:15 pm Music Comm. 8:30 pm	<b>12</b>	Handchimes 7:15 pm	<b>13</b>	Board of Trustees 7pm Great Books 7 pm <i>817 Caroline St.</i> Mindfulness Meditation 7 pm <i>St. George's</i>	<b>14</b>	<b>15</b>	Hatha Yoga 8:45 am	<b>16</b>
Service 10 & 11:30 am UUth Choir 12:45 pm Sun. Discussion 1 pm	<b>17</b>	Mood Support Specialists 10 am <i>Marriott</i> Women's Group 7 pm <i>Pancho Villa, Lee's Hill</i> OWL 7 pm <i>last session</i>	<b>18</b>	Men's Group 7 pm <i>Primavera</i> Adult Choir 7:15 pm	<b>19</b>	UU Philosophy 6 pm <i>last class</i> Handchimes 7:15 pm Finance Comm. 7 pm <i>Sally Hall's</i>	<b>20</b>	Mindfulness Meditation 7 pm <i>St. George's</i>	<b>21</b>	<b>22</b>	Hatha Yoga 8:45 am	<b>23</b>
Service 10 & 11:30 am UUth Choir 12:45 pm Life Preservers 3 pm <i>Pinschmidts'</i>	<b>24</b>	<b>25</b>	Adult Choir 7:15 pm	<b>26</b>	Handchimes 7:15 pm	<b>27</b>	Mindful Listening 7 pm Great Books 7 pm <i>817 Caroline St.</i>	<b>28</b>	<b>29</b>	Hatha Yoga 8:45 am Rebuilding Together, <i>all day</i>	<b>30</b>	

All activities subject to change. CRRL is the Central Rappahannock Regional Library on Caroline St.

## SUNDAY SERVICES

**SUN., APRIL 3, 10:00 & 11:30 AM**

James Freeman Clark: Reconciler  
Rev. Walter Braman

Among our differences, we can find  
why we are together.

**SUN., APRIL 10, 10:00 & 11:30 AM**

Recycling and Green Living

Eric Stott

Eric Stott, President of the Rappahannock Group of the Sierra Club, will address recycling and green living strategies. He will be accompanied by the talented UMW Ecology Club, which will dramatize the challenges of an environmentally conscious lifestyle.

**SUN., APRIL 17, 10:00 & 11:30 AM**

From Hero to Goat

Rev. Walter Braman

When our expectations of someone  
don't meet with reality.

Flower Communion service today.

**SUN., APRIL 24, 10:00 & 11:30 AM**

A Passover, Then and Now

Harvey Gold

Harvey Gold presents a Passover message focused on the role of Passover in today's world. Harvey is president of Beth Sholom Temple in Fredericksburg.



## UNITARIAN UNIVERSALIST FELLOWSHIP OF FREDERICKSBURG

5044 Plank Rd. ■ Fredericksburg, VA 22407

The Unitarian Universalist Fellowship of Fredericksburg fosters a welcoming and intentionally diverse community of those who seek philosophical, spiritual, intellectual or religious growth in a forum of mutual respect. Affirming the principles of the Unitarian Universalist Association, we value social justice, respect the interdependence of all life and are united by a desire to make ethical decisions on issues of mutual concern.

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**OFFICE HOURS:** Tues., Wed., Thurs., 10:00 a.m.-2:00 p.m.

Announcement deadline: Wednesday at Noon

**REV. BRAMAN'S OFFICE HOURS:**

Tuesdays and Thursdays, 9:00 a.m.-3:00 p.m.

May Newsletter Deadline: SAT., APRIL 16, 4:00 pm

May Publication Date: April 20. Submit articles to

Maryann Brown at [xxxxxxx@comcast.net](mailto:xxxxxxx@comcast.net).